

North Wales Christmas Indoor Open



WELSH ATHLETICS
ATHLETAU CYMRU

<u>Event Name</u>	<u>Start Time</u>
Pole Vault U15-SEN (by pb)	10:00
Shot Put All Ages (by pb)	10:00
High Jump All Ages (by pb)	10:00
Triple Jump 7m/9m Boards	11:30
Long Jump All Ages (by pb)	Pool 1 12:45 Pool 2 14:00
U13G 60m Hurdles	14:00
U13B & U15G 60m Hurdles	14:10
U17W 60m Hurdles	14:20
U15B,U20W & SENW 60m Hurdles	14:30
U17M 60m Hurdles	14:45
60m - Fastest to slowest	15:05



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